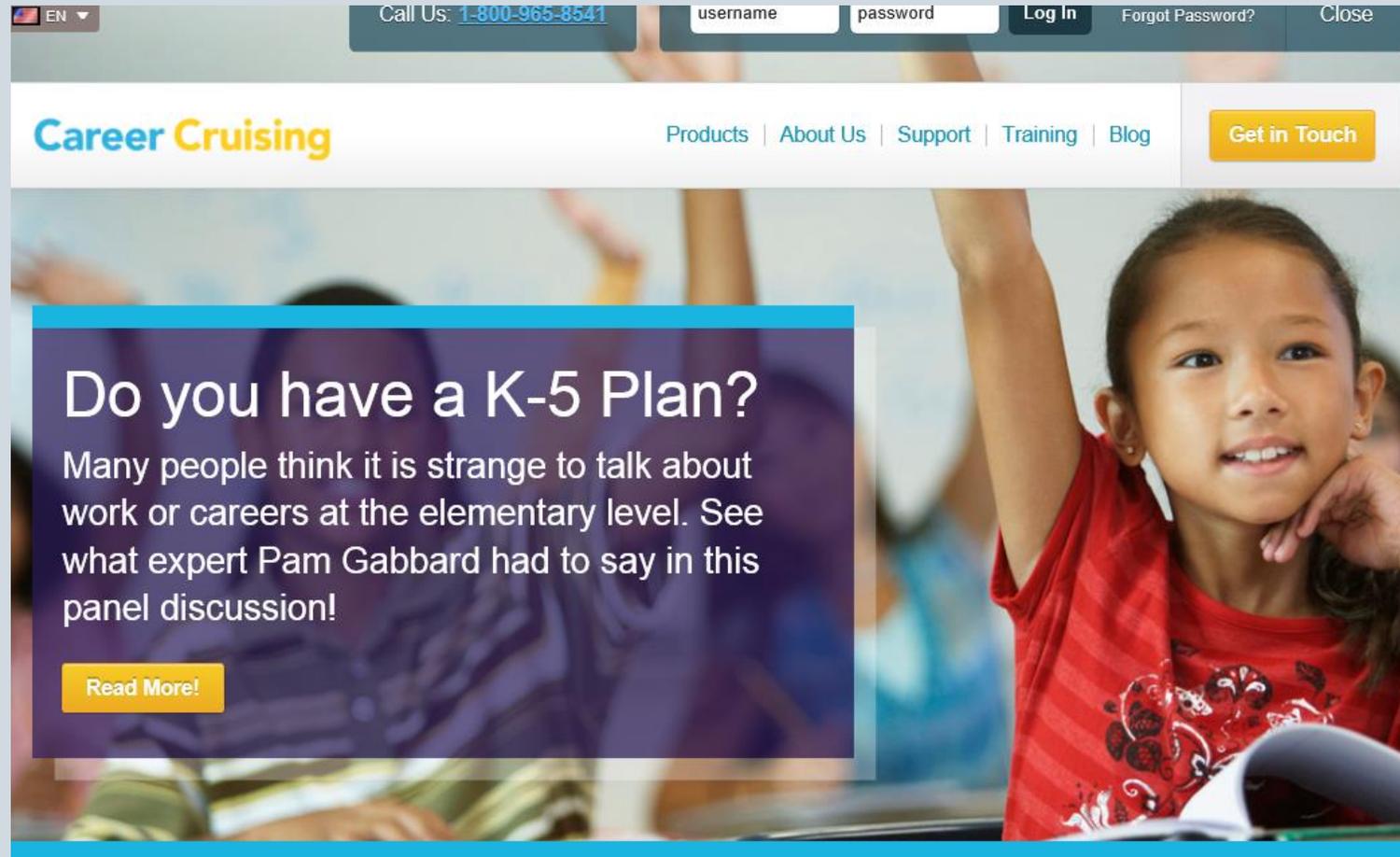


Using Career Cruising

AN OVERVIEW FOR STUDENTS AND PARENTS

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EN

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Do you have a K-5 Plan?

Many people think it is strange to talk about work or careers at the elementary level. See what expert Pam Gabbard had to say in this panel discussion!

[Read More!](#)

Enter username and password

The student's username is EMS-XXXXXX (where the x's represent the student's 6-digit ID number).

If the student has not been in Career Cruising before, his password is his 8-digit birthdate (mmddyyyy). However, if the student has ever logged into Career Cruising, he was prompted to change the password. If the student cannot recall the password he entered, the *Forgot Password* link can be used if he entered an email address when changing the password or his counselor can look it up.

Student Dashboard

The screenshot shows the Career Cruising website interface. At the top, there is a blue navigation bar with the logo, language options (Español, Help), and a search bar. Below the navigation bar, the user's profile 'Sample01' is visible, along with a menu of navigation options: Assessments, Careers, Education, Financial Aid, and Employment. On the left side, there is a sidebar with the heading 'What do you want to do?' and five menu items: Explore My Interests, Learn About Careers, Explore Education Options, Choose My Courses, and Build My Resume. The main content area features a welcome message, a 'My Progress' section with a 50% completion bar and a circular progress indicator, a quote by Eleanor Roosevelt, and a 'Focus on Careers' section with an image of a beautician and a list of related careers: Esthetician, Nail Technician, Hairstylist, and Cosmetologist. A 'Show me another' button is located at the bottom of the focus section.

Career Cruising Español | Help | My Account | Careers, schools and more...

Sample01
My Plan

Assessments | Careers | Education | Financial Aid | Employment

What do you want to do?

- Explore My Interests
- Learn About Careers
- Explore Education Options
- Choose My Courses
- Build My Resume

Welcome to Career Cruising, Sample01!

My Progress 50%

Category	Progress
Complete	50%
Incomplete	50%

The future belongs to those who believe in the beauty of their dreams.

Eleanor Roosevelt, Former U.S. First Lady

Focus on Careers

Focus on beauty careers

If you like the idea of helping people look their best, one of these careers might be right for you:

Related Careers

- Esthetician
- Hairstylist
- Makeup Artist
- Nail Technician
- Cosmetologist

Show me another

Click on *My Plan*

The MY PLAN page

The student can always return to this page by clicking on *My Plan* under his name at the top of the page.

The screenshot shows the 'My Plan' page for a student named Sample01. The page is titled 'Sample01 Grade09' and 'Saginaw High School, Fort Worth, Texas'. A progress bar indicates 'My Progress' at 50%. The page is divided into several sections:

- My Assessments:** A sidebar menu on the left lists various assessment and planning tools.
- My Assessments:** A main section with three sub-sections:
 - Matchmaker & My Skills:** Includes a 'Career Matchmaker' button and a 'View More' button.
 - Ability Profiler:** Includes a 'View More' button.
 - Learning Styles Inventory:** Shows a 'You are a Visual Learner!' section with a progress bar for Visual Learning (70%), Auditory Learning (10%), and Tactile Learning (20%). Includes a 'View My Profile' button.
- My Saved Careers, My Saved Schools, and My Saved Majors:** Each section includes a brief description and a 'Find' button.
- My Journal:** Includes a 'View More' button.

Matchmaker

If the student has completed Matchmaker, date and title show up here.

Click on the title to see results.

(We'll look at the results page later.)

The screenshot shows the 'My Plan' page for a student named Sample01. The page is titled 'Sample01 My Plan' and includes a navigation bar with links for Assessments, Careers, Education, Financial Aid, and Employment. The main content area displays the student's profile information: 'Sample01 Grade09' at 'Saginaw High School' in Fort Worth, Texas. A progress bar indicates 'My Progress' at 50%. Below the profile, there are several sections: 'My Assessments' with a 'Career Matchmaker' button; 'My Saved Careers', 'My Saved Schools', and 'My Saved Majors' sections, each with a 'Find' button; and 'My Journal' with a 'View More' button. The 'Career Matchmaker' section includes a description: 'Answer questions about your likes and dislikes to find careers that match up with your interests.' and a date '9-13-14' with an update date 'Updated: Sept. 13, 2014'. The 'Ability Profiler' section includes a 'View More' button. The 'Learning Styles Inventory' section shows a bar chart for 'You are a Visual Learner!' with 70% for Visual Learning, 10% for Auditory Learning, and 20% for Tactile Learning, and a 'View My Profile' button.

Sample01
My Plan

Assessments Careers Education Financial Aid Employment

My Plan Build My Resume Share My Plan Print My Plan

Sample01 Grade09
Saginaw High School
Fort Worth, Texas
[Edit Profile](#)

My Progress **50%**
[View Details](#)

My Assessments

My Assessments

Matchmaker & My Skills
Answer questions about your likes and dislikes to find careers that match up with your interests.
9-13-14
Updated: Sept. 13, 2014
[Career Matchmaker](#)

Ability Profiler
Learn more about your abilities and see how your abilities compare to those used in careers that interest you.
[View More](#)

Learning Styles Inventory
Learn more about your abilities and see how your abilities compare to those used in careers that interest you.

You are a Visual Learner!

Visual Learning	70%
Auditory Learning	10%
Tactile Learning	20%

[View My Profile](#)

My Saved Careers
Bookmark the careers that interest you and record your thoughts about each. When you find an occupation that interests you click on "Save to My Plan".
[Find Careers](#)

My Saved Schools
Bookmark the colleges that interest you and record your thoughts about each. When you find a school that interests you click on "Save to My Plan".
[Find Schools](#)

My Saved Majors
Bookmark the majors that interest you and record your thoughts about each. When you find a major that interests you click on "Save to My Plan".
[Find Majors](#)

My Journal
My Journal allows you to reflect on your career and education plans.
[View More](#)

Matchmaker

The student must click

Start Career Matchmaker

to do this assessment for the first time.

The screenshot displays the Career Cruising website interface. At the top, there is a navigation bar with the logo 'Career Cruising' and links for 'Español', 'Help', 'My Account', and a search bar containing 'Careers, schools and more...'. Below the navigation bar, a user profile is shown for 'Sample05 My Plan' with a dropdown menu and links for 'Assessments', 'Careers', 'Education', 'Financial Aid', and 'Employment'. A secondary navigation bar includes 'My Plan', 'Build My Resume', 'Share My Plan', and 'Print My Plan'. The main content area features a profile card for 'Sample05 Grade09' at 'Saginaw High School' in 'Fort Worth, Texas', with a 'My Progress' indicator at 17% and a 'View Details' link. A sidebar on the left lists various tools: 'My Assessments', 'My Careers', 'My Education', 'My Scholarships & Financial Aid', 'My Course Plan', 'My Goals & Plans', 'My Activities & Experiences', 'My Assignments & Activities', 'My Journal', and 'My Advisement Log'. The main content area is divided into two sections: 'My Assessments' and 'My Saved'. The 'My Assessments' section includes 'Matchmaker & My Skills' (with a 'Start Career Matchmaker' button), 'Ability Profiler' (with a 'View More' button), and 'Learning Styles Inventory' (with a 'Learning Styles Inventory' button). The 'My Saved' section includes 'My Saved Careers' (with a 'Find Careers' button), 'My Saved Schools' (with a 'Find Schools' button), and 'My Saved Majors' (with a 'Find Majors' button').

Matchmaker

The screenshot shows the Career Cruising Matchmaker interface. At the top, there is a navigation bar with the Career Cruising logo, language options (Español, Help, My Account), and a search bar. Below the navigation bar, there is a user profile section for 'Sample05' with a dropdown menu and navigation links for Assessments, Careers, Education, Financial Aid, and Employment. The main content area is titled 'Matchmaker' and shows a progress bar at 17%. Below the progress bar, there is an 'Introduction' section with instructions: 'In this section you will be asked 39 questions. Read each question carefully. Once you have finished answering the questions, Career Matchmaker will look for careers that suit your answers.' Below the instructions, there is a legend for the five answer options: Dislike very much (red X), Dislike (red X), Does not matter (yellow dash), Like (green check), and Like Very Much (green check). At the bottom, there is a 'Matchmaker Label' section with a text input field labeled 'Enter a Title Here' and a 'Start Now' button.

The student can enter any title here. This will help identify this assessment from others she may take at a later date.

Click *Start Now*.

Matchmaker

The student will answer how well she likes a series of activities.

The screenshot shows the Career Cruising Matchmaker interface. At the top, there is a navigation bar with the logo "Career Cruising" and links for "Español", "Help", and "My Account". A search bar contains the text "Careers, schools and more...". Below the navigation bar, the user's profile "Sample05" is displayed with a "My Plan" dropdown menu. A horizontal menu includes "Assessments", "Careers", "Education", "Financial Aid", and "Employment". Underneath, there are links for "My Plan", "Build My Resume", "Share My Plan", and "Print My Plan".

The main content area is titled "Matchmaker" and features a "My Progress" indicator showing a green progress bar at 17% completion. Below this, a "Progress" bar shows 39/39 items completed. The question is "How would you like a career which includes...".

The activity being rated is "Driving vehicles" (item 39). The response options are:

- Dislike very much (Red X icon)
- Dislike (Red X icon)
- Does not matter (Yellow minus icon)
- Like (Green checkmark icon)
- Like Very Much (Green checkmark icon)

The "Like" and "Like Very Much" options are selected. To the right, a "More Info" box provides details: "This may include driving cars, trucks, trains, buses, tractors, motorcycles etc."

Matchmaker

The results will show a list of careers that may interest her based on her answers to the Matchmaker assessment.

The list can be refined by level of desired education

For better results, answer more questions.

Then click on *Start My Skills*.

The screenshot displays the 'Matchmaker & My Skills' interface on the Career Cruising website. At the top, the user is identified as 'Sample05' with a 'My Plan' dropdown. Navigation links include 'Assessments', 'Careers', 'Education', 'Financial Aid', and 'Employment'. A search bar contains the text 'Careers, schools and more...'. Below the navigation, there are links for 'My Plan', 'Build My Resume', 'Share My Plan', and 'Print My Plan'. The main heading is 'Matchmaker & My Skills' with a 'My Progress' indicator at 33%. On the left, there are three filter panels: 'Career Cluster Recommendations' (with options for Human Services, Government & Public Administration, and All Clusters), 'Level of Education' (with checkboxes for High School, 2-Year College or Technical Training, and 4-Year College / University), and 'Improve My Results' (showing 39/116 questions answered). At the bottom left is the 'My Skills' panel (0/45 questions answered). The main content area shows 'Your Results for: Enter a Title Here' with a 'Printer Friendly' button. Below this is a 'Matchmaker' section titled 'Career Interest Rank' containing a list of 12 career recommendations, each with a brief description.

Career Cluster Recommendations

- Human Services
- Government & Public Administration
- All Clusters

Level of Education

- H High School
- C 2-Year College or Technical Training
- U 4-Year College / University

Improve My Results

39/116 Questions Answered

[Answer More Questions](#)

[Review My Answers](#)

My Skills

0/45 Questions Answered

Rate your level of skill in 45 key areas to see how your skills match up with the careers that you are interested in.

[Start My Skills](#)

Your Results for: Enter a Title Here [Printer Friendly](#)

Careers that suit your answers are listed below under Interest Rank. The best matches are at the top of the list. Click on a career to learn more about it and how it suits your answers.

Matchmaker

Career Interest Rank

- Clergy**
Clergy members are spiritual leaders who perform religious services and rites, guide congregation members, and promote faith.
- Lobbyist**
Lobbyists work on behalf of special interest groups and organizations to influence government policy and legislation.
- Proofreader**
Proofreaders review books, magazines, newsletters, and other written materials for errors before they are published.
- Criminologist**
Criminologists study crime statistics to understand the causes and effects of crime.
- Computer Network Specialist**
Computer network specialists develop, install, and maintain the networks that connect computers to each other.
- Child and Youth Worker**
Child and youth workers provide support and guidance to children and teens with emotional, behavioral, and developmental problems.
- Abuse / Crisis Counselor**
Abuse and crisis counselors provide support to people who are in distress due to domestic violence or other crises.
- Social Worker**
Social workers provide individuals and families with the resources and support they need to address personal and social issues.
- Bereavement Counselor**
Bereavement counselors help people cope with the death of a loved one.
- Addictions Counselor**
Addictions counselors help people overcome alcohol, drug, gambling, and other addictions.
- Communications Specialist**
Communications specialists help companies explain their actions and policies to customers, employees, and the public.
- Sociologist**
Sociologists study social groups in order to better understand human social behavior.

My Skills

The screenshot shows the 'My Skills' section of the Career Cruising website. At the top, there is a navigation bar with the 'Career Cruising' logo, language options ('Español | Help | My Account'), and a search bar containing 'Careers, schools and more...'. Below the navigation bar, a user profile for 'Sample05' is visible, along with menu items for 'Assessments', 'Careers', 'Education', 'Financial Aid', and 'Employment'. A secondary navigation bar includes 'My Plan', 'Build My Resume', 'Share My Plan', and 'Print My Plan'. The main content area is titled 'My Skills' and features a progress indicator showing 'My Progress' at 33% (0% to 100% scale). Below this, a 'Progress' bar indicates '6 of 45' items. The current task is 'Presenting', described as 'Delivering a speech, demonstration or explanation in front of a group of people or one-to-one.' To the right of the task description are five radio button options for rating skill level: 'I Am Highly Skilled' (green), 'I Am Skilled' (light green), 'I Have Some Skill' (yellow), 'I Don't Have This Skill' (red), and 'I Can't Answer This' (grey).

The student will rate how skilled he is at doing a series of tasks.

My Skills

The letters that now appear on the results page indicate how well the career of interest and the skills of the student match.

Click on any career to see more details.

Career Cruising Español | Help | My Account | Careers, schools and more...

Sample01 My Plan Assessments Careers Education Financial Aid Employment

My Plan Build My Resume Share My Plan Print My Plan

Matchmaker & My Skills

My Progress 0% 20 40 60 80 100% **50%**

Career Cluster Recommendations

- Human Services
- Education & Training
- All Clusters**

Level of Education

- H** High School
- C** 2-Year College or Technical Training
- U** 4-Year College / University

[Update My Results](#)

Improve My Results

39/116 Questions Answered

[Answer More Questions](#)

[Review My Answers](#)

My Skills

[Review My Answers](#)

- A** Very Good Match
- B** Good Match
- C** Fair Match
- D** Questionable Match
- E** Poor Match

Your Results for: ★ 9-13-14 [Printer Friendly](#)

Careers that suit your answers are listed below under Interest Rank. The best **matches** are at the top of the list. Click on a career to learn more about it and how it suits your answers.

Matchmaker	My Skills
Career Interest Rank	Score
1. Sport Psychology Consultant Sport psychology consultants teach athletes mental techniques to help them improve their performance and cope with pressure.	B
2. Psychologist Psychologists diagnose and treat people affected by personal problems and psychological illnesses or disorders.	B
3. Career Counselor Career counselors help clients set and work towards career goals that best reflect their situation and personal qualities.	B
4. Career Coach Career coaches provide advice and support to people looking to start, change, or advance in their careers.	B
5. Social Worker Social workers provide individuals and families with the resources and support they need to address personal and social issues.	B
6. Bereavement Counselor Bereavement counselors help people cope with the death of a loved one.	B
7. Abuse / Crisis Counselor Abuse and crisis counselors provide support to people who are in distress due to domestic violence or other crises.	B
8. Addictions Counselor Addictions counselors help people overcome alcohol, drug, gambling, and other addictions.	B
9. Bioethicist Bioethicists help people understand and resolve moral issues surrounding health care and scientific research.	B
10. Psychiatric Aide Psychiatric aides provide care and support to patients with mental or emotional difficulties.	B
11. Rehabilitation Counselor Rehabilitation counselors help injured people adjust back into the workplace and resume their normal daily activities.	B
12. Humanitarian Aid Worker Humanitarian aid workers strive to improve the quality of life of people affected by poverty, war, or natural disasters.	B
13. Mediator	

Careers

The student can see why the career was put into his results list on the *Suitable For You?* page.

CareerCruising Español | Help | My Account | Careers, schools and more... | Sample05 My Plan | Assessments | **Careers** | Education | Financial Aid | Employment | Search for Careers | Career Clusters | Career Selector | Military Careers

Career Counselor

[Save to My Plan](#) [Back to Matchmaker](#)

At a Glance

- Suitable for You?**
- Job Description
- Working Conditions
- Earnings
- Education
- Sample Career Path
- Related Careers
- Other Resources

Interviews

- Elizabeth
- Sonny

Suitable for You?

Career Matchmaker

Here's how your interests compare with the aspects of this occupation. This should give you an idea of what you may or may not enjoy about it.

Central Aspects	Your Response
Considering the feelings, views or behavior of others	<input checked="" type="checkbox"/> Like
Providing a service to members of the public (e.g. customers, patients)	<input checked="" type="checkbox"/> Like
Explaining ideas and information to people	--
Providing information	--
Asking questions and interviewing people	--
Providing advice	--

Secondary Aspects	Your Response
Working with children	<input checked="" type="checkbox"/> Like
Working in an office	<input checked="" type="checkbox"/> Like very much
Training or teaching	<input checked="" type="checkbox"/> Like
Using statistical methods to obtain, interpret and present information	--
Organizing and storing information	--
Persuading and motivating other people	--
Speaking in front of groups of people	--
Working with older children and teenagers	--
Traveling around locally from place to place	--

Other Aspects	Your Response
Presenting ideas and information in writing	<input checked="" type="checkbox"/> Like very much
Dealing with paperwork such as letters, forms and records	<input checked="" type="checkbox"/> Like
Helping others with their social and personal problems	<input checked="" type="checkbox"/> Like very much
Coping with uncooperative or difficult people	--

Careers

The screenshot displays the Career Cruising website interface. At the top, there is a navigation bar with the logo 'Career Cruising' and user options like 'Español', 'Help', and 'My Account'. Below this is a secondary navigation bar with tabs for 'Assessments', 'Careers', 'Education', 'Financial Aid', and 'Employment'. The main content area is titled 'Career Counselor' and features a sidebar on the left with various filters and a 'Save to My Plan' button. The main content is divided into several sections: 'At a Glance' with a brief description and a photo of a counselor; 'Earnings Range' showing '\$31K - \$48K'; 'Level of Education' requiring a '4-Year College or University'; 'Suitable for You?' with a checkmark; 'Core Tasks' listed as five numbered items; 'Attributes & Abilities' with three listed items; and 'Workplace' with four listed items.

Career Cruising Español | Help | My Account | Careers, schools and more...
Sample05 My Plan Assessments Careers Education Financial Aid Employment
Search for Careers Career Clusters Career Selector Military Careers

Career Counselor Save to My Plan

At a Glance

Suitable for You?
Job Description
Working Conditions
Earnings
Education
Sample Career Path
Related Careers
Other Resources

Interviews
Elizabeth
Sony

At a Glance

Career counselors help clients set and work towards career goals that best reflect their situation and personal qualities.

19 CAREER CLUSTERS Education & Training Human Services



Career counselors help clients learn job searching skills such as writing a resume and networking. This counselor is helping a client practice for a job interview.

EARNING RANGE

\$31K - \$48K

LEVEL OF EDUCATION

4-Year College or University

SUITABLE FOR YOU?

Find out if this career is suitable for you

Core Tasks

- 1 Use interviews and assessments to identify clients' interests, skills, and abilities
- 2 Coach clients on interview techniques, resume writing, and networking
- 3 Help job seekers with personal or social problems
- 4 Research labor market trends and occupations
- 5 Some work as consultants to companies

Attributes & Abilities

- An interest in human behavior and development
- Knowledgeable about careers and the labor market
- Communication skills
- Patient and understanding

Workplace

- Employers include schools, colleges, governments, large companies, and employment agencies
- Some are self-employed
- Usually work 40 hours a week, sometimes including evenings and weekends
- Self-employed counselors' hours vary
- The work can be stressful

The *At A Glance* page shows some quick information about the career.

Careers

There are many interesting pages for each career. Explore them.

The *Education* page is particularly interesting.

The screenshot shows the Career Cruising website interface. At the top, there is a navigation bar with the logo, language options (Español, Help, My Account), and a search bar. Below the navigation bar, there is a user profile section for 'Sample05' and a menu with options like Assessments, Careers, Education, Financial Aid, and Employment. The main content area is titled 'Career Counselor' and features a sidebar with navigation links: At a Glance, Suitable for You?, Job Description, Working Conditions, Earnings, Education (highlighted), Sample Career Path, Related Careers, and Other Resources. The 'Education' section is expanded, showing 'Education & Training' information, including a paragraph about degree requirements and a list of 'Related College Programs'. A 'Save to My Plan' button is visible in the top right corner of the content area.

Career Cruising Español | Help | My Account | Careers, schools and more... | Search

Sample05 My Plan | Assessments | **Careers** | Education | Financial Aid | Employment

Search for Careers | Career Clusters | Career Selector | Military Careers

Career Counselor

 Save to My Plan

- At a Glance
- Suitable for You?
- Job Description
- Working Conditions
- Earnings
- Education**
- Sample Career Path
- Related Careers
- Other Resources

Interviews

- Elizabeth
- Sonny

Education

Education & Training

Most people in this field have at least a bachelor's degree in counseling, psychology, or a related field. However, some employers require a master's degree.

Applicants to master's degree programs in counseling need a bachelor's degree, typically in psychology, social work, sociology, or education, although applicants from other disciplines may be considered if they have taken the requisite number of psychology or counseling courses. Programs usually last at least 2 years and include coursework and a period of practice counseling.

At some schools, students enrolled in master's degree programs can specialize in career counseling. Other schools offer separate certificate programs for those interested in career development or counseling. A bachelor's or master's degree is often required to enroll in a certificate program.

Licensing requirements vary by state and employment setting. Some states require counselors working in private practice to be licensed. To work in elementary, middle, or secondary schools, counselors may first need to be licensed teachers.

A number of counseling organizations offer voluntary professional credentials. For example, the National Board for Certified Counselors (NBCC) grants the National Certified Counselor (NCC) credential to qualified candidates who meet education and testing requirements. See the Other Resources section for a link to their website.

Related College Programs

- Counselor Education/School Counseling and Guidance Services
- Psychology, General
- Social Work
- Human Resources Management/Personnel Administration, General

Other Suggested Qualifications

If you want to be a career counselor, you should be interested in human behavior and development in general, as well as in learning about different occupations and how the labor market works.

Counselors need excellent communication skills. They have to be able to listen carefully and ask questions effectively. Dealing with clients requires patience and understanding.

Volunteer work in counseling organizations gives valuable experience to prospective career counselors.

Sample High School Program of Study

This Program of Study can serve as a guide, along with other career planning materials, as learners continue on a career path. Courses listed within this plan are only recommended coursework and should be individualized to meet each learner's educational and career goals.

Careers

Scroll down to the bottom of the *Education* page to see a sample high school 4-year plan or program of study.

As it notes at the bottom of this sample plan, courses may vary from school to school. These course are just suggestions or ideas to help him complete the 4-year plan.

Sample High School Program of Study

This Program of Study can serve as a guide, along with other career planning materials, as learners continue on a career path. Courses listed within this plan are only recommended coursework and should be individualized to meet each learner's educational and career goals.

Professional Support Services Education & Training

Grade 9	Grade 10	Grade 11	Grade 12
English/Language Arts			
English/Language Arts I	English/Language Arts II	English/Language Arts III	English/Language Arts IV
Math			
Algebra I	Geometry	Algebra II	Other math course
Science			
Earth or Life or Physical Science	Biology	Chemistry	Physics
Social Studies/Sciences			
State History	U.S. History	Introduction to E-Marketing	Psychology
Civics		Economics	Sociology or American Government
Career & Technical Courses			
Career Exploration in Education and Training	Human Growth and Development	Fundamentals of Education Professions	Applications of Education Professions
Information Technology Applications		Parenting and Child Development	



States' Career Clusters Initiative, 2008, www.careerclusters.org.

Important

- Check with your advisor to make sure that your course selections satisfy your graduation requirements.
- Courses available may vary from school to school.

Other Assessments

The screenshot shows the CareerCruising website interface. At the top, there is a navigation bar with 'Español', 'Help', and 'My Account' options. A search bar contains the text 'Careers, schools and more...'. Below the navigation bar, the user's profile is displayed as 'Sample01 My Plan' with a dropdown arrow. A secondary navigation bar includes 'Assessments', 'Careers', 'Education', 'Financial Aid', and 'Employment'. Below this, a breadcrumb trail shows 'My Plan', 'Build My Resume', 'Share My Plan', and 'Print My Plan'. The main content area features a profile card for 'Sample01 Grade09' at 'Saginaw High School' in Fort Worth, Texas, with a 'My Progress' bar at 50%. A left sidebar lists various user sections like 'My Assessments', 'My Careers', 'My Education', etc. The main 'My Assessments' section includes three cards: 'Matchmaker & My Skills' with a 'Career Matchmaker' button, 'Ability Profiler' with a 'View More' button, and 'Learning Styles Inventory' which shows 'You are a Visual Learner!' with a bar chart: Visual Learning (70%), Auditory Learning (10%), and Tactile Learning (20%), with a 'View My Profile' button. Below these are three sections: 'My Saved Careers', 'My Saved Schools', and 'My Saved Majors', each with a 'Find' button.

Return to the My Plan page.

Click on *My Assessments*.

Other Assessments

The student can also take a Learning Styles Inventory.

This will tell the student how he learns best.

The screenshot displays a student dashboard titled "My Plan". At the top right, a "My Progress" indicator shows a green bar at the 50% mark on a scale from 0% to 100%. The main content area is divided into a left sidebar and a main panel. The sidebar lists various navigation options: "My Assessments" (highlighted), "My Careers", "My Education", "My Scholarships & Financial Aid", "My Course Plan", "My Goals & Plans", "My Activities & Experiences", "My Assignments & Activities", "My Journal", and "My Advisement Log". The "My Assessments" section in the main panel includes a sub-menu with "Matchmaker & My Skills", "Ability Profiler", "Learning Styles", and "Other Assessments". Below this, there are three assessment cards: "Matchmaker & My Skills" (describing a career matching tool), "Ability Profiler" (describing a tool to compare abilities to careers), and "Learning Styles Inventory" (describing a tool to discover learning styles). The "Learning Styles Inventory" card shows results: "You are a Visual Learner!" with a bar chart indicating 70% for Visual Learning, 10% for Auditory Learning, and 20% for Tactile Learning. A "View My Profile" button is located below the results.

My Plan My Progress 50%

My Assessments

Keep track of your results from a variety of assessments.

- Matchmaker & My Skills**
Answer questions about your likes and dislikes to find careers that match up with your interests.
- Ability Profiler**
Learn more about your abilities and see how your abilities compare to those used in careers that interest you.
- Learning Styles Inventory**
Discover how you learn and retain information and find tips on how to improve your study habits to suit your learning style.

Best Match:
9-13-14
Updated: Sept. 13, 2014

[View More](#)

[Ability Profiler](#)

You are a Visual Learner!

- Visual Learning **70%**
- Auditory Learning **10%**
- Tactile Learning **20%**

[View My Profile](#)

Other Assessments

The student will answer a set of questions. Then the results will help him to know more about his own learning style.

Learning Styles

My Progress 0% 20 40 60 80 100% **50%**

Progress 1/20

Select the answer that is the most like you

1 When reading a novel, I tend to:

- become restless, and can almost feel what the characters are doing or feeling
- imagine seeing what I am reading
- either read out loud, or imagine hearing the words I am reading

My Plan

My Progress 0% 20 40 60 80 100% **50%**

- My Assessments
 - Matchmaker & My Skills
 - Ability Profiler
 - Learning Styles
 - Other Assessments
- My Careers
- My Education
- My Scholarships & Financial Aid
- My Course Plan
- My Goals & Plans
- My Activities & Experiences
- My Assignments & Activities
- My Journal
- My Advisement Log

You are a Visual Learner!

[Delete Results](#)

Your Learning Style Inventory results indicate you have a strong preference for **visual learning**. This means that in most situations you will find it easier to understand and recall information if you use this method. Read more about the visual learning method and how to use it to help you learn.

Your Learning Styles

Visual Learning	70 %
Auditory Learning	10 %
Tactile Learning	20 %

Visual Learning

As a **visual learner**, you learn best when information is presented in written form or visually through diagrams or pictures. You prefer to read the text book rather than listen to a lecture. A teacher who uses a lot of visual aids, such as notes on the board or handouts, will be easier for you to understand than one who just talks. Here are some things you can do to help you learn.

- Use diagrams, images and pictures
- Create flash cards to study from
- Highlight or underline important information in your textbook and notes
- Make outlines of the material that shows how the ideas and concepts are related
- Make notes or write down key words and concepts during lectures
- Try to visualize the material as you hear it spoken
- Read the material in the textbook before the lecture

Since you learn best when the information is presented visually, look for ways to make the information visual by making notes and outlines or drawing diagrams and charts. You may want to ask your teachers to make outlines or use visual aids if they don't.

Other Assessments

The screenshot shows the 'My Plan' dashboard. At the top right, there is a 'My Progress' indicator with a green bar at 50% and a scale from 0% to 100%. On the left, a sidebar lists various navigation options: My Assessments (highlighted), My Careers, My Education, My Scholarships & Financial Aid, My Course Plan, My Goals & Plans, My Activities & Experiences, My Assignments & Activities, My Journal, and My Advisement Log. The main content area is titled 'Add Assessment Results' and includes a 'Back to Other Assessments' button. Below this, there are two tabs: 'Assigned Assessments' (active) and 'More Assessments'. Under the 'Assigned Assessments' tab, there are four links: ACT, ASVAB, PSAT Scores and Percentiles (highlighted in blue), and SAT Reasoning.

By clicking on Other Assessments on the My Assessments page, the student can enter his results from other assessments he may take: ACT, ASVAB, PSAT, and SAT.

Simply click on the test and enter the data from the student score report.

The screenshot shows the 'PSAT Scores and Percentiles' form. It features two dropdown menus for 'Date Taken' with the placeholder text 'Please Select'. Below the dropdowns are three input fields for '% Critical Reading:', '% Math:', and '% Writing:'. At the bottom of the form, there is a blue 'Save' button with a checkmark icon and the text 'or Cancel'.

My Course Plan

Go back to the *My Plan* page and click on *My Course Plan*.

The screenshot shows the Career Cruising interface for user Sample05. The page is titled "My Course Plan" and features a navigation bar with options like "Assessments", "Careers", "Education", "Financial Aid", and "Employment". A search bar at the top right contains the text "Careers, schools and more...".

The main content area displays the user's profile information: "Sample05 Grade09" and "Saginaw High School" (Fort Worth, Texas). A "My Progress" indicator shows 33% completion with a green progress bar. Below this, there are three assessment sections: "Matchmaker & My Skills", "Ability Profiler", and "Learning Styles Inventory", each with a "View More" button. The "Matchmaker & My Skills" section also includes a "Career Matchmaker" button.

At the bottom, there are three "My Saved" sections: "My Saved Careers", "My Saved Schools", and "My Saved Majors", each with a "Find" button. A "My Journal" section is also visible at the bottom, with a "View More" button.

Navigation Bar: Career Cruising | Español | Help | My Account | Search: Careers, schools and more... | Assessments | Careers | Education | Financial Aid | Employment

User Profile: Sample05 (My Plan) | Saginaw High School, Fort Worth, Texas | Edit Profile | My Progress: 33%

Left Sidebar: My Assessments, My Careers, My Education, My Scholarships & Financial Aid, My Course Plan, My Goals & Plans, My Activities & Experiences, My Assignments & Activities, My Journal, My Advisement Log

Assessments Section: My Assessments | Matchmaker & My Skills (Updated: Jan. 4, 2015) | Ability Profiler | Learning Styles Inventory

Saved Items Section: My Saved Careers | My Saved Schools | My Saved Majors

Journal Section: My Journal

My Course Plan

My Course Plan My Progress 29%

[Back to My Plan](#) 🔔 📄 👤 📦

Year 9	Year 10	Year 11	Year 12
English I 1010 77	Chemistry 1320 1	+ English III	+ English IV
Algebra I 1210 76	English II 1020 1	+ Algebra II	+ Advanced Math
Biology 1310 72	Geometry 1220 1	+ Physics	+ Advanced Science
World Geography 1410 74	World History 1420 1	+ United States History	+ United States Govern...
Art I 2010 91	Art II Photography 2050 1	+ Elective	+ Economics
Spanish I 1510 73	Dance/Drill Team II 3332 1	+ Elective	+ Elective
Dance I/Aerobic Activi... 3310 100	LUNCH/TUTORIALS 9999 0	+ Elective	+ Elective
Aerobic Activities (wit... 3013 1 P	Spanish II 1520 1	+ Alternate	+ Elective
Credits: 8	Credits: 7	+ Alternate	Credits: 0
		+ Alternate	
		SUBMIT	
		Credits: 0	

Graduation Tracking

15 / 26 Credits

[Learn More](#)

Cluster Possibilities

Saved Clusters

[Click here to add](#)

Recommended Clusters

[Click here to add](#)

[More >](#)

Demo student - to remove planned courses [click here](#)

Courses already completed and courses in progress have been pre-entered electronically. Grades show for completed courses.

There is an area to track progress toward graduation. Click on *Learn More* to see more information regarding classes taken or in progress and graduation requirements left to complete.

Diploma & Certifications

Recommended Plan

15 / 26 Credits

■ Earned ■ Planned ■ Remaining

Requirements	Earned	Planned	Remaining
✗ English (4 Credits)	1	1	2
✗ Math (4 Credits)	1	1	2
✗ Science (4 Credits)	1	1	2
✗ Social Studies (4 Credits)	1	1	2
✓ World Language (2 Credits)	1	1	0
✓ Fine Arts (1 Credit)	1	0	0
✓ Physical Education (1 Credit)	1	0	0
✗ Speech (0.5 Credit)	0	0	0.5
✗ General Electives (5.5 Credits)	1	2	2.5
15 / 26 Credits	8	7	11

Please note that final graduation requirements are determined by the school guidance department. The above requirements are intended as a tracking guideline and exceptions may occur. The student is always responsible for ensuring that graduation requirements are met.

My Course Plan

For students who entered 9th grade in (or after) the 2014-15 school year, there is an *Endorsement* box.

Click on *Learn More*.

The screenshot displays the 'My Course Plan' interface. At the top right, a 'My Progress' bar shows 50% completion. A 'Back to My Plan' button is located at the top left. The main area is a grid of course options for Years 9 through 12. Year 9 courses include English I, Algebra I, Biology, World Geography, Floral Design, LUNCH/TUTORIALS, Spanish I, and Reserve Officer Training. Year 10 options include English II, Geometry, Chemistry or IPC or P..., World History, Elective, and Alternate courses. Year 11 options include English III, Algebra II, Advanced Science, United States History, and Elective. Year 12 options include Advanced English, Advanced Math, Advanced Science, United States Government, Economics, and Elective. A 'SUBMIT' button is at the bottom of the Year 10 column. On the right, three sidebars provide additional information: 'Graduation Tracking' (7/26 Credits), 'Endorsement', and 'Cluster Possibilities' (Saved and Recommended Clusters).

Year 9	Year 10	Year 11	Year 12
English I 1010 1	+ English II	+ English III	+ Advanced English
Algebra I 1210 1	+ Geometry	+ Algebra II	+ Advanced Math
Biology 1310 1	+ Chemistry or IPC or P...	+ Advanced Science	+ Advanced Science
World Geography 1410 1	+ World History	+ United States History	+ United States Govern...
Floral Design 5295 1	+ Elective	+ Elective	+ Economics
LUNCH/TUTORIALS 9999 0	+ Elective	+ Elective	+ Elective
Spanish I 1510 1	+ Elective	+ Elective	+ Elective
Reserve Officer Traini... 3380 1	+ Alternate	Credits: 0	+ Elective
Credits: 7	+ Alternate		Credits: 0
	+ Alternate		
	▼ SUBMIT		
	Credits: 0		

Demo student - to remove planned courses [click here](#)

My Course Plan

Diploma & Certifications

✕ Math (4 Credits)	0	1	3
✕ Science (4 Credits)	0	1	3
✕ Social Studies (4 Credits)	0	1	3
✕ World Language (2 Credits)	0	1	1
✕ Fine Arts (1 Credit)	0	0	1
✓ Physical Education (1 Credit)	0	1	0
✕ General Electives (6 Credits)	0	1	5
7 / 26 Credits	0	7	19

Endorsement

Arts & Humanities Endorsement-Art

Requirements ?	Earned	Planned	Remaining
✕ Endorsement Electives (4 Credits)	1	1	2
2 / 4 Credits	1	1	2

i Please note that final graduation requirements are determined by the school guidance department. The above requirements are intended as a tracking guideline and exceptions may occur. The student is always responsible for ensuring that graduation requirements are met.

In addition to the graduation requirement tracking, these students will show progress toward their chosen endorsement.

(For those who entered 9th grade in 2014-15 or later.)

My Course Plan

Click on *Endorsement Electives* to see a list of classes that will fulfill that endorsement.

If the student would like to explore other endorsement options, she can simply select another endorsement from the drop box and look at the Endorsement Electives for that endorsement.

(For those who entered 9th grade in 2014-15 or later.)

Diploma & Certifications				
Endorsement				
Arts & Humanities Endorsement-Art				
Requirements	Earned	Planned	Remaining	
Endorsement Electives (4 Credits)	1	1	2	
1st Endorsement Elective - 1 credit required from the following:			Grade	Credits
2010	Art I		0	1
2015	Art I Pre-AP		0	1
2nd Endorsement Elective - 1 credit required from the following:			Grade	Credits
2020	Art II Drawing		0	1
2050	Art II Photography		0	1
2071	Art II Sculpture		0	1
2025	Art II Drawing Pre-AP		0	1
3rd Endorsement Elective - 1 credit required from the following:			Grade	Credits
2035	Art III Drawing Pre-AP		0	1
2053	Art III Graphic Design Pre-AP		0	1
2055	Art III Photography Pre-AP		0	1
2075	Art III Sculpture Pre-AP		0	1
4th Endorsement Elective - 1 credit required from the following:			Grade	Credits
2045	Art IV Studio Art-Drawing Portfolio AP		0	1
2065	2-D Design Portfolio AP		0	1
2 / 4 Credits	1	1	2	

My Course Plan

The screenshot displays a 'My Course Plan' interface. At the top, there is a progress bar labeled 'My Progress' showing 29% completion. Below the progress bar, there are tabs for 'Year 9', 'Year 10', 'Year 11', and 'Year 12', along with a 'Graduation Tracking' button. A sidebar on the left lists various courses: English I (1010), Algebra I (1210), Biology (1310), World Geog (1410), Art I (2010), Spanish I (1510), Dance I/Aer (3310), and Aerobic Act (3013). A 'Course Information' dialog box is open, showing a table of course options for Year 11:

Name	Code	Credit	Type	Grade
English III	1030	1	R	11
English III AP	1035	1	AP	11

Below the table, there is a 'Description' section for English III, a 'Prerequisite' section, a 'Selected' section showing 'English III 1030', and a 'Future' section showing 'English IV 1040'. A legend at the bottom indicates 'Earned' (green) and 'Planned / In Progress' (orange). An 'Add Courses' button is located at the bottom right of the dialog box.

The student will need to complete the 4-year plan by selecting the rest of her graduation requirements and electives.

For example, when the student clicks on the space for English III, the selection dialog box opens. She selects the English class she would like to take by clicking on it. A description of the class comes up along with any prerequisite classes and/or future class suggestions.

Click on *Add Courses* to add the class to the plan.

My Course Plan

Look closely at the difference between a course that has been selected and a blank placeholder.

The selected course is bolded and has a course number.

Scrolling the mouse over the selected course will also bring up the name of the course. Always check to make sure the correct course has been selected.

The screenshot displays a 'My Course Plan' interface. At the top right, a 'My Progress' bar shows 43% completion. The main area is a grid of course options for Years 9, 10, 11, and 12. Year 11 is highlighted in blue. A tooltip for 'English III 1030' is visible, showing the course name and number. The right sidebar contains 'Graduation Tracking' (16 / 26 Credits) and 'Cluster Possibilities' (Saved Clusters, Recommended Clusters). A 'SUBMIT' button is located at the bottom of the Year 11 tooltip.

Year 9	Year 10	Year 11	Year 12
English I 1010 77	Chemistry 1320	English III 1030	+ English IV
Algebra I 1210 76	English II 1020	+ Algebra II	+ Advanced Math
Biology 1310 72	Geometry 1220	+ Physics	+ Advanced Science
World Geography 1410 74	World History 1420	+ United States History	+ United States Govern...
Art I 2010 91	Art II Photography 2050	+ Elective	+ Economics
Spanish I 1510 73	Dance/Drill Team II 3332	Year 11	+ Elective
Dance I/Aerobic Activi... 3310 100	LUNCH/TUTORIALS 9999 0	English III 1030	+ Elective
Aerobic Activities (wit... 3013 P	Spanish II 1520	+ Algebra II	+ Elective
Credits: 8	Credits: 7	+ Physics	Credits: 0
		+ Alternate	
		SUBMIT	
		Credits: 1	

My Course Plan

The screenshot displays a 'My Course Plan' interface. At the top, a 'Previous' button is on the left, and 'My Course Plan' is centered. A progress bar shows 'My Progress' at 33%. Below the progress bar, a 'Back to My Plan' button is on the left, and social media icons are on the right. The main area is a grid of course cards for Years 9, 10, 11, and 12. Year 9 courses include English I (1015), Biology (1315), World Geography (1475), Geometry (1225), LUNCH/TUTORIALS (9999), Spanish II (1520), Theatre Arts I (2110), and Volleyball/Basketball (3041). Year 10 courses include English II (1025), Chemistry or IPC or P..., World History, Elective, and Alternate courses. Year 11 courses include English III, Algebra II, Advanced Science, United States History, Elective, and another Elective. Year 12 courses include Advanced English, Advanced Math, Advanced Science, United States Govern..., Economics, Elective, and another Elective. A 'SUBMIT' button is at the bottom of the Year 10 column. On the right, there are sections for 'Graduation Tracking' (10 / 26 Credits), 'Endorsement', and 'Cluster Possibilities' (Saved Clusters, Recommended Clusters).

Previous

My Course Plan

My Progress 0% 20 40 60 80 100% 33%

Algebra I 408051

Spanish I 408141

Back to My Plan

Year 9

Year 10

Year 11

Year 12

Graduation Tracking

10 / 26 Credits

Learn More

Endorsement

Learn More

Cluster Possibilities

Saved Clusters

Click here to add

Recommended Clusters

Click here to add

More »

Credits: 7

Credits: 1

Credits: 0

Credits: 0

Submit

Demo student - to remove planned courses click [here](#)

For students with 8th grade courses, clicking on the gray bar will show those credits.

The gray bar will then move to the right side. Clicking on the gray bar again will shift the plan back to the 9-12 view.

My Course Plan

Students must complete their course selections in Career Cruising. Skyward will pull next year's course requests from this plan.

The exclamation circles indicate a possible problem. Click on the course to see what the problem is, and correct it if possible.

In February counselors will meet with students to verify the accuracy of next year's selections, select the 3 alternate courses, and *Submit* the requests for processing/scheduling.

The screenshot displays the 'My Course Plan' interface. At the top right, a 'My Progress' bar shows 67% completion. The main area is a grid of course cards for Years 9, 10, 11, and 12. Year 10 is highlighted in light blue. Each course card includes the course name and number, and a small icon. Some cards in Year 10 (Theatre Arts II, Theatre Arts III, and Theatre Arts IV) have a red exclamation mark icon. Below the Year 10 column, there are three '+ Alternate' buttons and a blue 'SUBMIT' button. To the right of the course grid are three sections: 'Graduation Tracking' (26 / 26 Credits), 'Endorsement', and 'Cluster Possibilities' (Saved Clusters, Recommended Clusters, and More). At the bottom left, there is a small note: 'Demo student - to remove planned courses [click here](#)'.

My Course Plan

A student may still change her courses for future years after next year's courses are submitted.

The screenshot displays a 'My Course Plan' interface. At the top right, a progress bar indicates 'My Progress' at 67%. The main area is a grid of course cards for Years 9, 10, 11, and 12. Year 10 is highlighted in light blue. Each card shows the course name, number, and credit value. A 'SUBMIT' button is visible at the bottom of the Year 10 column. On the right side, there are three vertical panels: 'Graduation Tracking' (26/26 Credits), 'Endorsement', and 'Cluster Possibilities'. A footer note reads: 'Demo student - to remove planned courses [click here](#)'.

Year 9	Year 10	Year 11	Year 12
English I 1015 1	English II 1025 1	English III 1030 1	Advanced English 1040 1
Biology 1315 1	Chemistry or IPC or P... 1320 1	Advanced Science 1305 1	Advanced Science 5911 1
World Geography 1475 1	World History 1420 1	United States History 1430 1	United States Govern... 1440 0.5
Geometry 1225 1	Algebra II 1230 1	Advanced Math 1250 1	Economics 1460 0.5
LUNCH/TUTORIALS 9999 0	Spanish III Pre AP 1535 1	Spanish IV AP 1545 1	AP Statistics 1285 1
Spanish II 1520 1	Theatre Arts II 2120 1	Theatre Arts III 2140 1	Spanish V AP 1555 1
Theatre Arts I 2110 1	Basketball/Volleyball -... 3072 1	Basketball/Volleyball -... 3073 1	Theatre Arts IV 2150 1
Volleyball/Basketball -... 3041 1	+ Alternate	Credits: 7	Basketball/Volleyball -... 3074 1
Credits: 7	+ Alternate		Credits: 7
	+ Alternate		
	+ Alternate		
	✓ SUBMIT		
	Credits: 7		

Share My Plan

The screenshot shows the 'Share My Plan' page for a user named 'Sample02'. The page has a blue header with navigation tabs: 'Assessments', 'Careers', 'Education', 'Financial Aid', and 'Employment'. Below the header, there are sub-tabs: 'My Plan', 'Build My Resume', 'Share My Plan' (which is active), and 'Print My Plan'. A progress bar indicates 'My Progress' at 67%. On the left, there is a sidebar menu with icons for: My Assessments, My Careers, My Education, My Scholarships & Financial Aid, My Course Plan, My Goals & Plans, My Activities & Experiences, My Assignments & Activities, My Journal, and My Advisement Log. The main content area is titled 'Share My Plan' and contains two sections: 'Share My Plan with Parents/Guardians' with links for 'Invite Parent/Guardian' and 'View Parent/Guardian Comments', and 'Share My Plan with Others' with links for 'Invite Others to View My Plan' and 'Guest Views of My P'. A 'Back to Share My Plan' button is located at the bottom of this section.

By clicking on *Share My Plan*, the student can invite his parents to view what he is doing in Career Cruising.

He will just need to enter his parent's email address, and an email with access information will be sent to the parent.

Invite Parent/Guardian

You can share your work with your parents or guardians by inviting them to create a Career Cruising Parent Portal account. To invite your parent or guardian to join, please enter their email address below. We will send them an email invitation to create their account.

Parent/Guardian Email Address

*

Send

My Scholarships & Financial Aid

From the *My Plan* page, a student can go to *My Scholarships & Financial Aid* and set up a profile in the Financial Aid Selector by answering some questions about herself. This profile will help Career Cruising find scholarships for which she may be eligible.

The screenshot displays a user interface for a student named 'Sample02' on the 'My Plan' page. The top navigation bar includes 'Assessments', 'Careers', 'Education', 'Financial Aid', and 'Employment'. Below this, a secondary navigation bar shows 'My Plan', 'Build My Resume', 'Share My Plan', and 'Print My Plan'. The main content area is titled 'My Plan' and features a progress bar indicating 'My Progress' at 67%. The primary focus is the 'My Scholarships & Financial Aid' section, which includes links for 'My Saved Scholarships' and 'Financial Aid Selector Results'. A sidebar on the left lists various navigation options: 'My Assessments', 'My Careers', 'My Education', 'My Course Plan', 'My Goals & Plans', 'My Activities & Experiences', 'My Assignments & Activities', 'My Journal', and 'My Advisement Log'. The main content area contains two columns: 'My Saved Scholarships' with a 'Find Scholarships' button, and 'Financial Aid Selector Results' with a 'Start Selector' button. The text in the 'Financial Aid Selector Results' section reads: 'Use the Financial Aid Selector to find programs you may be eligible for.'

My Activities & Experiences

The screenshot displays the 'My Activities & Experiences' page for a user named 'Sample02'. The page features a navigation bar with 'Assessments', 'Careers', 'Education', 'Financial Aid', and 'Employment'. Below the navigation bar, there are links for 'My Plan', 'Build My Resume', 'Share My Plan', and 'Print My Plan'. A progress bar indicates 'My Progress' at 67%. The main content area is divided into several sections, each with a 'View More' button:

- Extracurricular Activities:** Record the organizations, teams, and other activities that you're involved in.
- Hobbies & Interests:** Save your hobbies and interests in My Plan.
- Skills & Abilities:** Save your skills and abilities in My Plan.
- Awards & Certificates:** Save your awards and certificates in My Plan.
- Volunteer Experience:** Save your volunteer experiences in My Plan.
- Work Experience:** Save your work experiences in My Plan.

An inset window shows the 'Build My Resume' page, which includes a 'Getting Started' section and a table for selecting sections to include:

Section	Options
<input type="checkbox"/> Career Objectives	<input checked="" type="checkbox"/> Add to Resume
<input type="checkbox"/> Education History	<input checked="" type="checkbox"/> Add to Resume
<input type="checkbox"/> Work Experience	<input checked="" type="checkbox"/> Add to Resume
<input type="checkbox"/> Volunteer Experience	<input checked="" type="checkbox"/> Add to Resume
<input type="checkbox"/> Awards & Certificates	<input checked="" type="checkbox"/> Add to Resume
<input type="checkbox"/> Extracurricular Activities	<input checked="" type="checkbox"/> Add to Resume <input type="checkbox"/> Include Comments
<input type="checkbox"/> Hobbies & Interests	<input checked="" type="checkbox"/> Add to Resume <input type="checkbox"/> Include Comments
<input type="checkbox"/> Skills & Abilities	<input checked="" type="checkbox"/> Add to Resume <input type="checkbox"/> Include Comments
<input type="checkbox"/> Additional Information	<input checked="" type="checkbox"/> Add to Resume

Below the table is a 'References' section with a '+ Add a reference' button and a 'Reference' input field.

From the *My Plan* page, a student may also go to the *My Activities & Experiences* page where he can begin to list items that may later be a part of his application resume for scholarships, college, and jobs.

Career Cruising even has a *Build My Resume* page to help with that resume.

My Goals & Plans

The screenshot displays the 'My Plan' interface. At the top right, a progress bar labeled 'My Progress' shows 67% completion. The main content area is titled 'My Goals & Plans' and includes a sub-header 'Record your goals and plans for the future.' Below this, there are three columns: 'Career & Life Goals' with a link to 'Enter your short terms goals', 'Post-Secondary Plan' with a description and a 'View More' button, and 'Career Planning Activities' with a description and a 'View More' button. A left sidebar lists various navigation options like 'My Assessments', 'My Careers', 'My Education', etc.

From the *My Plan* page, the student can also set short and long term goals, make post-secondary plans, and keep track of career planning activities on the *My Goals & Plans* page.

Print My Plan

By clicking on *Print My Plan* at the top of the page, a student may print whatever portions of her Career Cruising information she desires.

Sample02
My Plan

Assessments Careers Education Financial Aid Employment

My Plan Build My Resume Share My Plan **Print My Plan**

Print My Plan My Progress 67%

Sections to Include

Sections	Options
<input checked="" type="checkbox"/> Personal Profile	
<input checked="" type="checkbox"/> My Advisement Log	
<input checked="" type="checkbox"/> My Files	
<input checked="" type="checkbox"/> My Assessments	<input checked="" type="checkbox"/> Matchmaker & My Skills <input checked="" type="checkbox"/> Ability Profiler <input checked="" type="checkbox"/> Learning Styles <input checked="" type="checkbox"/> SAT & ACT Scores <input checked="" type="checkbox"/> Other Assessments
<input checked="" type="checkbox"/> My Careers	<input checked="" type="checkbox"/> My Saved Careers <input checked="" type="checkbox"/> My Saved Clusters
<input checked="" type="checkbox"/> My Education	<input checked="" type="checkbox"/> My Saved Schools <input checked="" type="checkbox"/> My Saved Majors <input checked="" type="checkbox"/> Education History
<input checked="" type="checkbox"/> My Scholarships & Financial Aid	<input checked="" type="checkbox"/> My Saved Scholarships
<input checked="" type="checkbox"/> My Course Plan	
<input checked="" type="checkbox"/> My Goals & Plans	<input checked="" type="checkbox"/> Career & Life Goals <input checked="" type="checkbox"/> Post-Secondary Plan <input checked="" type="checkbox"/> Career Planning Activities
<input checked="" type="checkbox"/> My Activities & Experiences	<input checked="" type="checkbox"/> Extracurricular Activities <input checked="" type="checkbox"/> Hobbies & Interests <input checked="" type="checkbox"/> Skills & Abilities <input checked="" type="checkbox"/> Awards & Certificates <input checked="" type="checkbox"/> Volunteer Experience <input checked="" type="checkbox"/> Work Experience
<input type="checkbox"/> My Assignments & Activities	
<input type="checkbox"/> My Journal	<input type="radio"/> Most Recent Posts <input type="radio"/> Current Month <input type="radio"/> All Entries

Print Your Report

You can create a printer-friendly version of My Plan

1. Choose the sections you want to print.
2. Click on the print button below.
3. Print from your browser.

[Print Report](#)

And More...

The screenshot shows a user interface for a student named Sample02. At the top, there is a navigation bar with tabs for Assessments, Careers, Education, Financial Aid, and Employment. Below this is a secondary navigation bar with links for My Plan, Build My Resume, Share My Plan, and Print My Plan. The main content area features a profile card for Sample02 Grade09 at Saginaw High School, Fort Worth, Texas, with a progress indicator showing 67% completion. A left sidebar lists various dashboard sections like My Assessments, My Careers, My Education, etc. The main content is divided into sections for My Assessments (with sub-sections like Matchmaker & My Skills, Ability Profiler, and Learning Styles Inventory), My Saved Careers, My Saved Schools, My Saved Majors, and My Journal.

Sample02
My Plan

Assessments Careers Education Financial Aid Employment

My Plan Build My Resume Share My Plan Print My Plan

Sample02 Grade09
Saginaw High School
Fort Worth, Texas
[Edit Profile](#)

My Progress 67%

My Assessments

- Matchmaker & My Skills**
Answer questions about your likes and dislikes to find careers that match up with your interests.
[Start Career Matchmaker](#)
- Ability Profiler**
Learn more about your abilities and see how your abilities compare to those used in careers that interest you.
[View More](#)
- Learning Styles Inventory**
Learn more about your abilities and see how your abilities compare to those used in careers that interest you.
[Learning Styles Inventory](#)

My Saved Careers **My Saved Schools** **My Saved Majors**

Bookmark the careers that interest you and record your thoughts about each. When you find an occupation that interests you click on "Save to My Plan". [Find Careers](#)

Bookmark the colleges that interest you and record your thoughts about each. When you find a school that interests you click on "Save to My Plan". [Find Schools](#)

Bookmark the majors that interest you and record your thoughts about each. When you find a major that interests you click on "Save to My Plan". [Find Majors](#)

My Journal

My Journal allows you to reflect on your career and education plans.
[View More](#)

The student can research schools and majors, saving those that are of interest to him.

The student can also keep a journal of notes as he works toward setting and achieving his goals for the future.

Using Career Cruising

As you can see, using Career Cruising can be a fun and interactive way for students and parents to work on educational and career planning.

If you have any questions, please contact your counselor.

The screenshot displays the Career Cruising website interface. At the top, there is a navigation bar with the logo, language options (Español, Help, My Account), and a search bar. Below the navigation bar, a user profile for 'Sample01' is visible, along with a menu of options: Assessments, Careers, Education, Financial Aid, and Employment. A sidebar on the left lists activities: 'What do you want to do?' with options like 'Explore My Interests', 'Learn About Careers', 'Explore Education Options', 'Choose My Courses', and 'Build My Resume'. The main content area features a welcome message, a 'My Progress' section with a 50% completion bar and a circular progress indicator, and a quote by Abraham Lincoln: 'The best way to predict the future is to create it.' Below this, a 'Focus on Careers' section highlights 'Focus on careers in fashion' with a list of related careers: Clothing Manufacturer, Costume Designer, Fashion Designer, Fashion Retailer, Hairstylist, Makeup Artist, Retail Buyer, Tailor / Dressmaker, and Image Consultant. A 'Show me another' button is located at the bottom of the career recommendations.